

## **Abstract**

**Title:** Case report of therapeutic care of patient after luxation of shoulder joint

**Objectives:** The objective of this thesis is a detailed presentation of a physiotherapeutic treatment of a patient after shoulder joint luxation. Another aim of the work is to summarize theoretical knowledge about upper limb girdle. This will be done mostly from the point of view of traumatology of shoulder joint and subsequent practical use of this theoretical knowledge in physiotherapeutic practice in case report elaboration of a patient after shoulder joint luxation.

**Methods:** This work is divided into two main parts. The first one is theoretical and describes the problematic of upper limb girdle area from the point of view of anatomy, kinesiology, biomechanics and traumatology. The theoretical part further deals with classification of shoulder joint luxations and their subsequent therapy.

The second part presents a detailed elaboration of a case study of a patient after traumatic shoulder joint luxation. The case study of a patient with this diagnosis was elaborated in Regional hospital Kladno during the dates of 21. 3. 2013 and 15. 2. 2013. The case study contains the patient's anamnesis, complete entrance kinesiological analysis, detailed therapy description, output analysis and evaluation of the therapy effect.

**Keywords:** shoulder joint, physiotherapy, luxation, rehabilitation